



forum

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The "One-Pass Hair Transplant"— A Six-Year Perspective

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Introduction

Most traditional hair transplant techniques require two to four sessions into the same, initially bald, recipient area to provide sufficient hair density over a large enough area to be cosmetically acceptable to the majority of patients. The need to return for these multiple sessions leads to multiple

The Concept

The author will never forget hearing a question posed to a panel of experts at a hair transplant convention in Rio de Janeiro in 1992. The question was: "Which of the four (standard graft) sessions required to complete a hair transplant grows the best?" What was amazing was the confidence of the

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times off work, multiple cosmetic recovery times, more pre-operative anxiety, and more post-operative discomfort for the patient.

Wouldn't it be more convenient for the patient if an adequate density of transplanted hair could be achieved over a (traditionally-sized) targeted recipient area in just one session of hair transplantation? Hence, the rationale for the "one-pass hair transplant." This article will summarize its evolution, its benefits, and how the author has overcome myriad technical difficulties encountered during the development of this technique.

delivery of an emphatic and absolute answer that, without any thought or hesitation, came straight from the mouth of Dr. Martin Unger: "The first. The first session always grows the best." This revelation was the inspiration to devise a method in which the "first session" into an area would be the only session required.

The Hypothesis of Less Scarring Leading to Better Growth

One can hypothesize that scarring, or "microscarring" in the case of follicular

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