

COLUMNS

- 194 President's Message
- 195 Co-Editors' Messages
- 217 Pioneer of the Month
- 219 Surgeon of the Month
- 221 Letter to the Editors
- 228 Surgical Assistants
Co-Editors' Messages
- 228 Message from the 2007
Surgical Assistants
Program Chair
- 229 Message from the 2008
Surgical Assistants
Program Chair
- 230 Classified Ads

FEATUREARTICLES

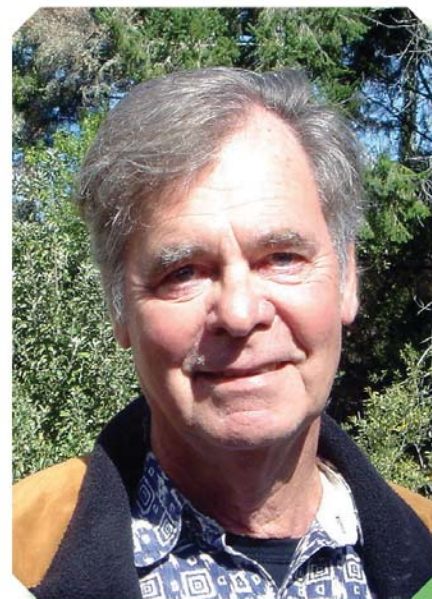
- 201 Follicular Unit Plain Speak
- 204 Quality Corner: Improving
HRS Processes by Applying
Six Sigma Strategies
- 205 Day-by-Day Review of the
15th Annual Scientific
Meeting of the ISHRS
- 229 Surgical Assistants Pearl on
Graft Cutting

Loss of Our "One of a Kind" James Arnold, MD • 1941–2007

Jim Arnold, MD 1941–2007

James Edward "Ouzel" Arnold, MD, passed away on November 3, 2007, in a motorcycle accident. Jim was active in the ISHRS and received the Golden Follicle Award in 1996, served as Program Chairman in 1999, and was on the Board of Directors. In 2004, he received the Manfred Lucas Award for Lifetime Achievement in Hair Surgery. Jim sold his practices in 1999 to begin his retirement with this thought: *"I've always felt if you're not living on the edge, you're taking up too much space. The sacrifice in my move is a loss of income, but the reward is a gift of time. My most immediate goal over the next few months is to start the year 2000 with a clean piece of paper and a new box of crayons."*

Jim spent the following years camping, rafting, motorcycling, and exploring the world with his beloved wife Betty, numerous friends, and family. He enjoyed spending time with his granddaughter, drumming, collecting wild mushrooms, and writing poetry in his self-made cabin. He was a kind and generous man who shared his love and friendship with all he met. Jim was the current President of the Pescadero Community Church and active in the Pescadero Community, at large.



On November 3, 2007, Jim Arnold, MD, was tragically killed while riding his motorcycle in the mountains of California.

The editors of the Forum dedicate this issue to his memory and include several tributes written by his friends and colleagues.

Tributes to Jim Arnold, MD

Beginning with Vance Elliott, MD

I first met Jim Arnold in the hallway outside the lecture hall at the ISHRS Annual Meeting in Nashville in 1996. I introduced myself and asked him a question about the lecture he had just given. He smiled that gentle smile and said, "Walk with me to my room and I'll give you a couple of papers that will explain more about it." I was a 26-year-old beginner hair surgeon who had been doing transplants for about a year and felt honored to be walking and talking with *THE* Jim Arnold. At the time, I was amazed that this famous and important doctor would, without hesitation, take the time to talk to me. As I learned later, this was not unusual; it was just Jim's way.

Jim invited me to visit his office and I did so twice in 1998. I remember that first visit most vividly. While observing a procedure, I saw him put his hand on his patient's shoulder as he injected tumescence. "I like to have a connection with my patient," he said. Since that time, I have always done the same with my own patients. He taught me how to tumesce, *REALLY* tumesce the donor area, and how to properly use a multiblade knife. My donor harvest was immediately

continued on page 197

Experience Montréal



ISHRS 16th Annual Scientific Meeting

September 3–7, 2008 • Montréal, Quebec, Canada