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PLAN TO ATTEND!

www.ishrs.org/AnnualMeeting.html



The Beard Issue

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Welcome to "The Beard Issue" in which the entire issue will focus on beard hair reconstruction and harvesting. This is not an area that has been given a lot of attention in this (or any other) journal previously. Facial hair includes the eyebrows, eyelashes, beard, and moustache (mustache). Eyebrow and eyelash transplantation have been extensively explored in our literature and meetings, but the beard and moustache have not.

Such a focus is now timely as there is a worldwide increase in awareness and demand for facial hair transplantation of all kinds. In talking with our colleagues, I have learned that some are doing as many as 3-4 cases of beard and moustache transplantation per month. Many report that they are seeing an increasing number of patients who are seeking beard and moustache transplantation for cosmetic rather than reconstructive reasons. We hope this issue will provide a platform to begin coalescing and refining the art and science of beard and moustache restoration.



The issue will include a well-conceived comprehensive overview on the topic by Drs. Kapil Dua, Aman Dua, and Renu Kothottil followed by case presentations by Drs. Jeffrey Epstein, Bessam Farjo, Bijan Feriduni, James Harris, Antonio Ruston, Akaki Tsilosani, James Vogel, Bradley Wolf, and Ummer Yaseen and Shagufta Rather. I want to express my gratitude to all these surgeons for contributing examples of excellent work. In addition, Dr. Wasserbauer will challenge us with a beard hair quiz and How I do It will highlight a low-cost disposable motor for beard and scalp FUE. I think you will find this issue a good read.

Facial Hair Transplantation

Kapil Dua, MBBS, MS, Aman Dua, MBBS, MD, and Renu Kothottil, MBBS, MD *Ludhiana, Punjab, India drkapildua@akclinics.com*

Beards are great for rubbing when deep in thought, they block the sun from burning your face, they hide neck flab, and they suggest a life free from razor burn. And while some men have thick growth of facial hair, others may not, due to a variety of reasons, and yearn to have it. With more and more people knowing about the possibility of the beard and moustache reconstruction, many are now undergoing transplant in these areas, and they can have different facial hairstyles.

This trend of the growing popularity of facial hair restoration is also catching up with ISHRS members. As

was reported in the ISHRS 2013 Practice Census, about 7% of hair transplant surgeries were performed for non-scalp areas, out of which more than 90% were to the facial area. This included restoration of eyebrows, eyelashes, beard, and moustache. At our clinic, the trend is similar in that facial hair transplant constitutes about 5% of our total surgeries. The majority of our facial hair cases are beard and moustache restoration; the remainder are eyebrows (Figure 1).

This article shares our experience on the reconstruction of the beard and moustache.

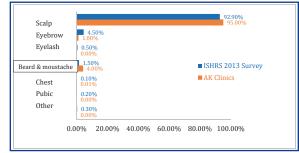


Figure 1. Frequency of hair transplant procedures by body area

Why do patients undergo moustache and beard transplant?

There are a variety of reasons patients choose this type of transplant, and many suffer from the following:

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