

# Letters to the Editors

Re: "Controversies" and reflecting on FUE

Alan S. Feller, DO | Great Neck, New York, USA |  
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I wanted to thank you very much for publishing the "Controversies" column by Dr. Russell Knudsen in the July/August edition of the *Forum* (2017; 27(4):153). It really nailed the issues and articulated them very well.

I dove into FUE very deep and heavy when it was first introduced into North America in 2002. But it didn't take me long to see that even after I became proficient at the procedure, it was still brutal on the grafts when compared to strip. So I made sure not to do cases above 1,500 FUE grafts as the lifetime total for any patient. My reasons? Because the grafts don't grow as well and reliably as strip grafts do, and sessions above even just 500 FUE tend to fibrose the entire useful donor area thus limiting available grafts for future procedures.

It is beyond me how other doctors simply ignore this absolute reality. Even more so that several doctors would get together to form an organization to advance the legitimacy and acceptance of FUE as a stand-alone technique. I know the pretense of these FUE organizations is the "advancement" of FUE technology. But in reality there have been no significant advances since the day Dr. Rob Jones and I performed the very first live FUE ISHRS surgery workshop in Arkansas in 2003.

Re: Regulating the unlicensed practice of HT

Cagatay Sezgin, MD | Dubai, UAE

Hair transplantation is one of the fastest growing medical markets in the world. The development of the Follicular Unit Excision (FUE) method has made hair transplantation much simpler and an easily accessible office procedure by eliminating general and sedative anesthesia. Unfortunately, there has never been a thorough medical and legal standardization covering all aspects of hair transplantation procedures anywhere. In some countries, insufficient legal regulation and official control triggers illegal surgeries by unlicensed medical personnel. Today, unfortunately, in some places, the volume of illegal surgeries is greater than that of legal surgeries. We call ourselves the largest hair restoration society in the world, so our responsibility should accordingly be that large! To combat these illegal surgeries here are my suggestions and plan of action. As a society:

1. We need to standardize every aspect of hair transplantation and then urge medical boards to accept hair transplantation as part of medical training. For that, we need to prepare an updated hair transplant curriculum for medical training.
2. We need to invite the chairmen of the most well-known "Plastic Surgery" and "Dermatology" societies worldwide to our annual meetings to inform them about the most recent medical and governmental regulations of hair transplantation since there is an ongoing debate in most of the countries regarding which specialty is legally authorized to perform HT surgery. According to this debate, specialties are trying to legally ban each other from performing HT surgery. This dueling among colleagues helps fuel illegal surgeries.
3. We need to invite officials, consulates, and even ministers of health from all of the countries, which may help to accelerate their future medical and legal standardization efforts.
4. We need to prepare a detailed report concerning these ongoing unlicensed HT operations that could result in serious injuries and submit it to the foreign ministries of countries so that they can then warn their citizens, who might be planning to travel for HT surgery, accordingly.
5. We need to use social media much more actively in order to warn patients about the risks of undergoing HT surgery in unlicensed clinics.
6. We need to identify countries where these unlicensed HT surgeries take place and contract with at least one lawyer to give legal advice, before, during, and after the surgery, to patients who plan to travel to these countries for HT surgeries. We should also post such news through social media that the ISHRS has local legal advisors in these countries and would like to inform, guide, and protect prospective patients from any kind of illegal HT surgeries. We need to mention that these patients are not alone and that they can contact an ISHRS lawyer, who is expert in HT surgeries, and would be willing to assist free of charge.
7. We need to get in touch with all hair loss forums (especially Middle Eastern forums using their mother languages) to inform and notify them of how serious the issue is, and to ask them to act with the ISHRS. They may post warnings and allow the society to post warnings throughout their forum.
8. We need every member's opinion and plan of action about the issue. ■

FUE-only clinics have been popping up all over the place in the past few years and they have indeed produced some of the most dissatisfying results I have seen since the "plug" days. And all in the name of "the most advanced hair transplant technology available." Really?

The almost religiously zealous support of FUE and unrestrained hatred for strip on the part of "FUE-only" clinics does indeed, as written in the article, deprive them of being able to offer their patients all options. And now these FUE-only clinics are openly rationalizing this behavior by getting together in their own organizations whose only real substantive basis for existence is that they don't offer strip.

My concern is why more doctors aren't speaking out against FUE, particularly megasessions. I have seen FUE doctors online literally deny that FUE grafts go through any greater trauma than FUT grafts. Even after I post a photo of a skeletonized graft! Remember the old days where graft mishandling was considered a big no-no?! How many *Forum* articles were written about that?! But now it is commonplace to traumatize grafts and almost nobody says a word about it! Encouraging "FUE-only" doctors to learn the tenets and benefits of strip surgery, instead of blindly attacking it as an "old" procedure, may just shift their allegiance in a positive direction for everyone, especially their patients. ■



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## Literature Review

Nicole E. Rogers, MD, FISHRS | Metairie, Louisiana, USA | [nicolerogers11@yahoo.com](mailto:nicolerogers11@yahoo.com)



### Naltrexone: New Use for an Old Drug

Strazzula, L.C., et al. Novel treatment using low-dose naltrexone for lichen planopilaris.

*Journal of Drugs in Dermatol.* 2017; 16:1140-1142.

Recently, the drug naltrexone (an opiate antagonist that is used to help treat those who are dependent on alcohol and opiates) has resurfaced in the dermatology literature. It was presented in the Archives of Dermatology to treat Hailey-Hailey disease (a rare autoimmune blistering disorder) and in the November 2017 issue of the Journal of Drugs in Dermatology, it was suggested as a treatment for lichen planopilaris (LPP), a variant of lichen planus that affects the scalp causing scarring hair loss. Its mechanism as an opioid antagonist (with greatest affinity for mu receptors) has been postulated to also have an effect in treating autoimmune dis-

eases. Dr. Jerry Shapiro at NYU described four case reports using low dose naltrexone (3mg po daily) as an adjunctive therapy for recalcitrant lichen planopilaris. Two patients were male, two were female, and all had been on oral doxycycline and topical clobetasol solution prior to the addition of low dose naltrexone. In all four cases, the patients reported an improvement in symptoms within 1-2 months of starting the drug. They remained on it alone or in combination with oral pioglitazone (p-par gamma agonist) 15mg daily. Side effects may include vivid dreams, nightmares, headache, or increased anxiety, but all four patients tolerated the medication well without any reported side effects.

*Comment:* Perhaps the greatest difficulty in treating LPP is the chronicity and tenacity of inflammation even after years of therapy. There is still no drug that is FDA approved LPP. The use of an old drug for a new purpose with minimal side effects is quite exciting. My local pharmacy has been able to compound 3mg naltrexone in a Loxoral (inactive capsule filler) base. ■

### Nutrafol® vs. Microinflammation

Farris, P.K., et al. A novel multi-targeting approach to treating hair loss, using standardized nutraceuticals. *Journal of Drugs in Dermatol.* 2017; 16:s141-s148.

A recent proof of concept article, spearheaded by my former dermatology partner and nutraceutical expert Dr. Patricia Farris, outlined the role of various botanical ingredients contained in the hair supplement Nutrafol. Specifically, Nutrafol contains curcumin (made from turmeric), which is a potent anti-inflammatory and free radical scavenger. It also inhibits transcription factor TNF-kB, decreasing pro-apoptotic cytokines TNF-alpha and IL-1 that can cause follicular regression. Curcumin also has natural anti-androgen effects, and has been shown to inhibit androgen receptor expression. Because the absorption is typically poor, it is here co-administered with black pepper (*Piper nigrum*), which slows the metabolism and increases its bioavailability. Ashwaghandha is another ingredient known as an adaptogen, a botanical known for lowering stress cortisol levels and increasing endogenous antioxidants. Saw

palmetto is a natural plant-based 5-AR inhibitor, which has been shown to have 38% efficacy in treating MPHL vs 68% efficacy for finasteride. Nutrafol also contains tocopherols (members of the vitamin E family) and marine based collagen hydrolysates. In the article, four case studies of patients using Nutrafol and their before and after photos are provided.

*Comment:* The paucity of medical treatments for hair loss makes any new treatment option quite attractive. There is indeed data summarized in this article supporting the role of these supplements at a molecular level to help mitigate inflammatory factors that may be causing or contributing to hair loss. Additionally, the concerns about sexual side effects (associated with finasteride) and frustration with topical minoxidil (mess, risk of contact allergy) and overall movement toward more natural botanical options may open the door for Nutrafol to have a more relevant role in treating our patients. Although it is marketed toward androgenetic alopecia and recent stress-induced hair loss, there may also be a role in treating cicatricial alopecia as well. We do not have placebo controlled clinical studies with hair weight counts or standardized before and after photos to confirm the efficacy of this supplement. More data is needed. ■



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## Warning of Societies Unaffiliated with the ISHRS, Especially Those Permissive of the Unlicensed Practice of Medicine

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### **Background**

We continue to hear of cases where hair restoration surgery patients were operated on and harmed by non-doctors. Preventing these occurrences is of paramount importance in our public education campaign. We are gratified to learn that some governments and regulators are taking action to curb this dangerous paradigm. For example, prosecutions for the unlicensed practice of medicine by non-doctors is now occurring in some countries. The ISHRS has issued what it believes are best practices in hair restoration surgery, and has prioritized educating its members and the public on the dangers posed by physician delegation to non-licensed personnel, and the risk that such delegation may constitute practicing medicine without a license under applicable laws.

Unfortunately, the ISHRS's efforts to educate the public on these dangers have not been universally accepted, and some organizations have developed to oppose our efforts. The organizers of some of these meetings are themselves inappropriately delegating surgery to their technicians.

Further, new pseudo-societies have developed that are not bona fide non-profit groups, but rather, corporate entities masking as non-profits, which deceive patients and meeting attendees. It is harmful to patients and new physicians in the field to have a limited, skewed viewpoint without full disclosure. The attendees do not realize that what is being taught is not comprehensive. Oftentimes, the content only presents a limited viewpoint or technique and attendees walk away with incomplete information and are ill-informed. In addition, there are often misleading and fraudulent messages such as "scarless surgery," "pain free," "no incision," etc.

### **Recommendation**

As such, the ISHRS recommends to physicians to do due diligence when selecting which hair restoration surgery meetings to attend and speak at.

The ISHRS supports hair restoration surgery meetings of member societies of the Global Council of Hair Restoration Surgery Societies.

The ISHRS supports meetings listed on the following calendar of events:

<http://www.ishrs.org/content/upcoming-events>



Plan your  
2018 meeting  
schedule!

## 2018 Qualifying Meetings for Member Educational Maintenance Requirement

As a reminder, there is an educational maintenance requirement for the membership categories "**Member**" and "**Fellow Member**." This does not apply to membership categories Associate Member, Resident Member, Emeritus Member, or Surgical Assistant Member.



### EDUCATIONAL MAINTENANCE REQUIREMENTS

**ISHRS Member and ISHRS Fellow Member membership categories must attend one ISHRS-approved meeting every 3 years**, otherwise that member will be changed to Associate Member. The impacted member may revert back to their previous category after attendance at an ISHRS-approved meeting.

### 2018 QUALIFYING MEETINGS

<p>March 8-10, 2018 ISHRS World Live Surgery Workshop: Dubai Dubai, UAE <a href="http://www.2018wlswdubai.org">www.2018wlswdubai.org</a></p>	<p>August 2-5, 2018 Hair Transplant 360 Cadaver Workshop &amp; FUE Hands-On Workshop St. Louis, Missouri, USA <a href="http://pa.slu.edu">http://pa.slu.edu</a></p>	<p>October 10-13, 2018 26<sup>th</sup> World Congress of the ISHRS Hollywood, California, USA <a href="http://www.26thannual.org">www.26thannual.org</a></p>
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The qualifying meetings are also listed at  
<http://www.ishrs.org/content/list-ishrs-approved-meetings-meet-additional-minimum-educational-requirement>.

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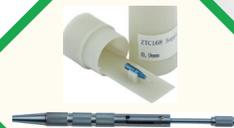
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## Message from the ISHRS 2018 World Congress Program Chair

Parsa Mohebi, MD, FISHRS | Encino, California, USA | [info@parsamohebi.com](mailto:info@parsamohebi.com);

It was a pleasure to see so many of our colleagues in Prague during the World Congress. I would also like to say thank you to my good friend, Dr. Jean Devroye, for

organizing this wonderful meeting. It is my distinct pleasure to invite the members of our society and the new hair transplant doctors to the next World Congress in sunny and scenic Hollywood, California.

Our industry continues to evolve at a fast pace. It is imperative that every hair transplant surgeon, if they want to stay competitive, keep up with the most advanced technology in hair restoration.

Our specialty is unlike many other major branches of medicine where textbooks are plentiful and updated frequently. One way we can keep up with the rapid changes in our field is to follow the few publications we have available to us. In addition, for the majority of us, attending meetings has always been the best method to stay updated on new technology. Among all of the meetings offered, the World Congress of the International Society of Hair Restoration Surgery, however, is the one that every hair transplant surgeon should attend to get the most up-to-date information pertaining to all aspects of our ever-changing field. I personally have never missed an annual meeting since I joined the ISHRS. This is our once a year event where we get to meet almost every prominent hair transplant surgeon. The ISHRS and its staff have done a great job organizing these meetings, and we have witnessed an increasing number of attendees every year.

I have been constantly involved in many scientific activities such as studies, committee membership, and publications regarding hair loss and hair restoration since I became a hair transplant surgeon. I have collaborated with many leaders in our field and learned a great deal from them in the process. However, one of my best sources of information has always been the annual meeting of our society. Our World Congress has always challenged me to go one step further by evolving, advancing, and rethinking the way I run my practice.

One of my tasks every time I return home from our annual meeting is to review my notes and create a "To-Do" list. The list includes the changes I must make when I go back. I am not exaggerating when I say I have changed at least 10% of my practice every year after returning from one of these meetings. My evolution and education come from many sources:

- Lectures from leading doctors who have always pushed the envelope in our field

- Innovative ideas from new doctors I have not met before
- Heated discussions among the thought leaders in the meeting sessions and workshops
- Hallway chats and debates, since this is the time you can talk to other doctors and share ideas without any formality

The ISHRS team and I are committed to give you all of the above, and more, during our next World Congress in Hollywood. We plan to provide one of the most comprehensive educational packages ever assembled to both beginners in our



field and advanced hair transplant surgeons. We also plan to make the Hollywood World Congress an event to remember. The city of Los Angeles is the "Mecca of Cosmetic Medicine." It is also the home of the greatest movies and movie stars. We are working on taking advantage of this occasion and want every attendee to experience how it is to feel and look like a superstar. Be sure to bring your sunglasses to enjoy the California sun and fun in Hollywood!

I am grateful that I have already been personally contacted by many of our colleagues offering a helping hand to enrich our next program. Furthermore, I would like to invite all of our members to participate in this great meeting. Science does not evolve in labs or the halls of academia in the field of hair restoration. The source of most of our scientific achievements has been novel ideas from our colleagues and the dedication of great doctors who chose to share the innovations evolved in their private practices.

I would like to thank the pioneers who have helped move our field forward by openly sharing their thoughts while inviting new doctors to follow in their footsteps. Our full agenda will be announced by the ISHRS team soon. I cannot wait to review your great ideas and learn about your inventions when the abstract submission process starts.

I would like to invite all my friends and colleagues to the city of Angels for our 2018 World Congress in Hollywood, California. ■



# Message from the ISHRS 2018 World Live Surgery Workshop Program Co-Chairs

Conradin von Albertini, MD, FISHRS, Chair | Zurich, Switzerland  
Bessam K. Farjo, MBChB, FISHRS, Co-Chair | London, United Kingdom

In just a few weeks from now, on March 8-10, the World Live Surgery Workshop will take place in Dubai. It promises a comprehensive learning experience combined with debates and an impressive range of live surgeries—all delivered by a top-notch faculty that comes from all over the world.

### A comprehensive teaching experience

FUE will be an important topic as it is now the most popular harvesting method. However, we will look at the entire hair transplant procedure including the principles for building natural looks and cosmesis, donor zone and recipient areas, modern implantation devices, updates on non-surgical treatments, and how to manage complex cases.

### Live demonstrations by more than 20 surgeons

The centerpiece of our workshop will be the intense observational teaching. No less than 20+ surgeons will demonstrate live the entire spectrum of FUE methods, explain the essence of FUT, apply all kinds of implantation techniques, and share their tips and tricks. A complete listing is provided below.

### A unique and accessible location

With WLSW 2018 in Dubai, the ISHRS will for the first time bring its live surgery format to the bubbling business center of the Middle East, less than an 8-hour flight away for a majority of our members. Last, but not least, Dubai, with its pools, desert adventures, and tradition of hospitality, is also perfect for the most important learning experience of all: Having fun.

Register now and attend the WLSW in Dubai. It will be worth the trip!

## Dubai Faculty

**Chair:** Conradin von Albertini MD, FISHRS | Switzerland  
**Co-Chair:** Bessam K. Farjo, MBChB, FISHRS | UK

### Guest Operating Faculty

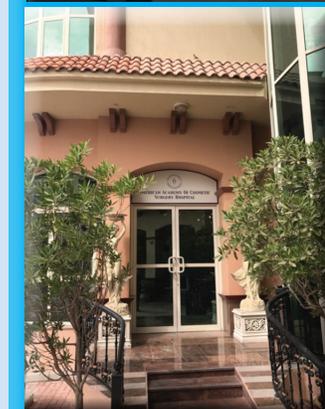
Conradin von Albertini, MD, FISHRS | Switzerland  
Arika Bansal, MD | India  
Otavio Augusto Boaventura Lima, MD | Brazil  
Jean Devroye, MD, FISHRS | Belgium  
Kapil Dua, MBBS, MS, FISHRS | India  
Bessam K. Farjo, MBChB, FISHRS | UK  
Robert S. Haber, MD, FISHRS | USA  
James A. Harris, MD, FISHRS | USA  
Tommy Hwang, MD, PhD, FISHRS | South Korea  
Dae-Young Kim, MD, PhD, FISHRS | Korea  
Russell Knudsen, MBBS, FISHRS | Australia  
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Parsa Mohebi, MD, FISHRS | USA  
Damkerng Pathomvanich, MD, FISHRS | Thailand  
Marie-Andrée Schambach, MD | Guatemala  
Piero Tesauro, MD | Italy  
Arthur Tykocinski, MD, FISHRS | Brazil  
Sanusi Umar, MD, FISHRS | USA  
Gregory Williams, MBBS, FISHRS | UK  
Georgios Zontos, MD, MSc, PhD, FISHRS | Denmark

### Dubai Surgeons

**Local Liaison:** M. Humayun Mohmand, MD, FISHRS | UAE  
Hanieh Erdmann, MD | UAE  
Cagatay Sezgin, MD | UAE  
Zulfiqar H. Tunio, MD | UAE

### Faculty

Gholamali Abbasi, MD, FISHRS | Iran  
Konstantinos K. Anastassakis, MD, PhD | Greece  
Vincenzo Gambino MD, PhD, FISHRS | Italy  
Anil Garg, MBBS, MS, MCh, FISHRS | India  
Aditya Gupta, MD, PhD, FISHRS | Canada  
Francisco Jimenez, MD, FISHRS | Spain  
Melike Kulahci, MD | Turkey  
Jennifer Martinick, MBBS | Australia  
Ahmed Adel Noreldin, MD | Egypt  
Ratchathorn Panchaprateep, MD, PhD | Thailand  
Muhammad N. Rashid, MD | Pakistan  
Tseng-Kuo Shiao, MD, FISHRS | USA  
Akaki Tsilosani, MD, PhD | Georgia  
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# Meeting Review

## Review of the 17<sup>th</sup> Annual Meeting of the Russian Trichologists Union June 22-24, 2017 • Saint Petersburg, Russia

Tatiana Siliuk, MD | Saint Petersburg, Russia

The 17th annual meeting of the Russian Trichologists Union was held in St. Petersburg, known as the Northern Capital of Russia. The Russian Trichologists Union is a community of hair treatment specialists existing since 2000. The meeting was organized by the trichology school, Nautilus, and by the medical hair treatment and hair transplantation clinic, Hair Care Center. The directors of the event were Drs. Spartak Kayumov and Tatyana Silyuk.

A feature of this meeting is that it was attended by famous faculties from the United States, the United Kingdom, Canada, Israel, Spain, Germany, and Korea; and one day was entirely English-speaking.

A record number of 180 visitors and specialists from Russia, Ukraine, Belarus, Georgia, Poland, Latvia, Kazakhstan, Uzbekistan, and other countries attended the event. The 3-day conference included 44 speakers who presented lectures on androgenetic alopecia in men and women, hair loss in children, alopecia areata, diseases of scalp, and clinical cases and hair transplantation. There was also a session devoted entirely to hair transplantation for the first time in Russia. In addition, there were two live workshops with PRP therapy in trichology and using stromal vascular fraction (SVF).

Guests of the conference included current president of the EHRS, Abraham Zlotogorski (Israel), along with Jerry Shapiro (USA), Won-Soo Lee (Korea), Ramon Grimalt (Spain), Bradley Wolf (USA), Bessam Farjo (UK), Nilofer Farjo (UK), and Andreas Finner (Germany).

There were many interesting lectures: Dr. Nilofer Farjo, "Guidelines for Surgical Correction and Modern Opportunities for Female Hair Transplantation," Dr. Bessam Farjo, "The Indications for Surgical Treatment and Modern Opportunities for Male Hair Transplantation," Dr. Andreas Finner, "Hair Clinic and Hair Transplantation—How I Do It," and Dr. Bradley Wolf, "The Achievements in Hair Transplantation in Scarring Alopecia."

The gala dinner, which was accompanied by a gypsy band, was held in the warm and friendly atmosphere of the restaurant of the Museum of Russian Vodka.

The 2018 meeting, also scheduled for St. Petersburg, will maintain and develop on our worthy level of our annual meetings. In addition, the FIFA World Cup will be played in Russia and St Petersburg will host some of the matches, so you can plan for a great holiday in our beautiful city. ■

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# In Loving Memory of Dr. Rajaratnam Sundarason



Sunda and friends at the 1995 ISHRS annual meeting held in Las Vegas, Nevada.

On 21st December 2017 the ISHRS lost one of its oldest members, 88-year-old Dr. Rajaratnam Sundarason of Singapore.

“Sunda,” as he was known to all his friends, was born in Singapore from a large family of Sri Lankan stock. He did his medical degree (M.B., B.S.) and Surgical specialization (FRACS) in Melbourne, Australia, before returning to set up a very successful Plastic Surgery practice in his country of birth. He was at one time the most senior Plastic Surgeon in that country, but in recent years, he had withdrawn from Hospital practice, where he had been a world authority on the treatment of severe burns. He then concentrated more on his hair transplant practice, which he ran with the aid of several skilled assistants. In Singapore, only plastic surgeons may perform hair transplants surgery.

His 15 years in Australia were remarkable and possibly unique. As a very black-skinned but confident young medical student in 1950, he found it difficult to get decent residential lodgings and discussed his situation with the Housing Officer at Melbourne University, Sam Dimmick. Sam was able to get him better lodgings, realising that his desperate situation was not uncommon in a city unaccustomed to Asians, whether black or not. They decided to raise funds for a joint residential dwelling for Australian and foreign students to be called “International House.”

With Sam’s contacts in social and political circles, they were successful beyond their wildest expectations. After intensive political lobbying and fundraising by various committees, an active Women’s Auxiliary, and great assistance from the Rotary Clubs of Melbourne, land was purchased and plans were underway. Contributions were received from the governments of Victoria, Singapore, Malaya, Hong Kong, Sarawak, and Sri Lanka, as well as the Commonwealth of Australia.

The first International House, with 32 students, was opened 6 years later for the start of the 1957 University

year. In 1960, Sundarason became the first Vice-Warden and Anatomy Tutor of the House. Fundraising and building has continued over several decades, and there are now five Wings housing some 350 students and tutors. Despite early misgivings on moral grounds, by 1972, International House had become the first University Hall of Residence in Australia to become co-educational.

On a visit to Melbourne in 1969, I had demonstrated hair transplant techniques to Sunda, and although he did not take it up immediately, he gradually introduced it into his surgical repertoire over the next 20 years, and was the Father of HT surgery in that country. I was able to keep him up-to-date on technique changes during my regular trips through Singapore. Upon the formation of the ISHRS in 1993, Sunda became a member and a regular attendee at our meetings.

Sunda maintained his many friendships in Australia and has been a regular visitor back to Melbourne and International House over the past 50 years. He married Margaret, an English nurse, and had three children in Singapore. After their divorce, he married Mary Silva, who had two children of her own.

Sunda maintained his social networking in Singapore where he was well-known and an Examiner in Surgery at the University. He was a member of both the expensive golf clubs, although he did not play himself.

Sunda had a stroke in mid-2017 and died on 21st of December. He had not attended many meetings in recent years nor did he contribute any papers to the *Forum*, so will not be known to many American members of the ISHRS. He is however, well known to our SE Asian members for his social affability, surgical skills, and as a HT pioneer. We will miss him.

*Richard Shiell, MBBS*

Melbourne, Australia

Friend and former student



## WORLD LIVE SURGERY WORKSHOP

We welcome you to join us for this global event.

Share your experiences and learn from your colleagues about innovative state of the art hair transplantation techniques and approaches.

Observe live surgical cases from some of the world's outstanding surgeons and participate in exciting discussions and debates.

**2018**  
**WLSW**  
**DUBAI**  
MARCH 8-10  
DUBAI HEALTHCARE CITY



A sophisticated and highly intellectual program awaits you. You will return to your practice with new ideas, practical tips that you can implement immediately, and a revived enthusiasm for the refined art and science of our beloved field of hair transplant surgery!

**Sign-up now for early interest.**

CHAIR: Conradin von Albertini, MD | Switzerland | CO-CHAIR: Bessam K. Farjo, MBChB, FISHRS | U.K.

[WWW.2018WLSWDUBAI.ORG](http://WWW.2018WLSWDUBAI.ORG)

## APPLY FOR ISHRS FELLOW MEMBER CATEGORY (FISHRS)



The designation of Fellow has been established in order to recognize members who meet its exceptional educational criteria. In order to be considered, the hair restoration surgeon must achieve a specific level of points in a system of various educational parameters such as serving in leadership positions, receiving American Board of Hair Restoration (ABHRS) certification, writing scientific papers, and teaching at scientific programs, among others.

It is a great honor for a member to achieve the Fellow designation of the International Society of Hair Restoration Surgery (FISHRS). This recognizes the surgeon who strives for excellence in this specialized field. To maintain this status, the surgeon must continue to meet established educational criteria over time. Fellows may vote and hold office in the Society. Fellows may use the ISHRS Fellows logo on their websites and in other promotional materials, and use "FISHRS" behind their name.

If you believe you qualify and would like to be considered to elevate to Fellow Member status, then please consider completing the Scorecard Application.

**To be considered this year, submission deadline is July 1, 2018.**

You may download the application at the link below. It is an Excel file. The first worksheet is a blank scorecard, and the second worksheet is a sample of a completed scorecard. The criteria are also listed on this page:

<http://www.ishrs.org/members-only/ishrs-fellow-category>

We encourage all Physician Members to consider applying for Fellow Member status.

## 6<sup>th</sup> AAHRS & 3<sup>rd</sup> CAHRS ANNUAL SCIENTIFIC MEETING AND LIVE SURGERY WORKSHOP

DAMKERNG PATHOMVANICH, MD  
(CHAIRMAN)

WEN-YI WU, MD  
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KENICHIRO IMAGAWA, MD  
(AAHRS PRESIDENT)

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(CAHRS PRESIDENT)



**MAY 11<sup>th</sup>-13<sup>th</sup>, 2018**  
**BEIJING INTERNATIONAL CONVENTION CENTER**  
**BEIJING, CHINA**

PLEASE VISIT [WWW.AAHRSASIA.ORG](http://WWW.AAHRSASIA.ORG) FOR MORE INFORMATION  
SUBMIT YOUR ABSTRACT TO [ASIANHAIRMEETING@GMAIL.COM](mailto:ASIANHAIRMEETING@GMAIL.COM) (UNTIL FEBRUARY 15<sup>th</sup>, 2018)

### INVITED SPEAKERS

WALTER P. UNGER, MD  
JENNIFER MARTINICK, MD  
FRANCISCO JIMENEZ, MD

MARIO MARZOLA, MBBS  
KEN WASHENIK, MD  
JEAN M. DEVROYE, MD

JOHN P. COLE, MD  
CARLOS PUIG, MD  
PARSA MOHEBI, MD

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PIERO TESAURO, MD



10th Annual

August 2-5, 2018 St. Louis, Missouri, USA

# Hair Transplant 360

## WORKSHOP

**Comprehensive  
Hair Transplant Course  
& FUE Hands-On Course**

- New, Expanded Course Format
- 3 Information Packed Days
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- Extensive, Hands-on Cadaver Workshop with Low Student-to-Faculty Ratio
- Fast-Track Stand Alone or Combined Full-Day FUE Course



- ▶ Hairline Design
- ▶ Donor Harvest/Closure
- ▶ Recipient Site Creation
- ▶ Graft Dissection
- ▶ Graft Placement
- ▶ Crown Design
- ▶ Female Hairline Design
- ▶ Temporal Point Design
- ▶ Graft Calculation
- ▶ Marketing
- ▶ Consulting
- ▶ Medical Treatment
- ▶ Critical Thinking Day
- ▶ Quality Control
- ▶ FUE

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Saint Louis University  
School of Medicine

<http://pa.slu.edu>

**Course Director:**  
Samuel M. Lam, MD, FACS, FISHRS

**Assistant Course Director:**  
Emina Karamanovski Vance, MD

*International World Class Faculty*

## STOP THE PRESSES! READ ALL ABOUT IT! NEW HEADLINES CREATED BY SCALP MICROPIGMENTATION

ISHRS Regional Workshop  
Hosted by: Sara Wasserbauer, MD, FISHRS  
Confirmed Faculty: Robert Haber, MD FISHRS,  
Ronald Shapiro, MD FISHRS  
Initial Equipment Partner: Finishing Touches Group



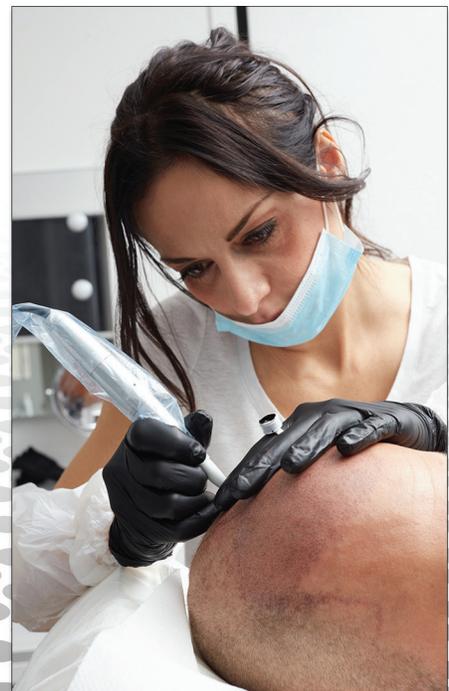
OCTOBER 14-16, 2018 in Walnut Creek, California  
(Immediately after the Hollywood, California ISHRS World Congress Meeting)

Clinic Sponsor:



Sara Wasserbauer, MD | [info@californiahairsurgeon.com](mailto:info@californiahairsurgeon.com)  
[www.californiahairsurgeon.com](http://www.californiahairsurgeon.com)

MicroPigmentation of the Scalp is one of the best adjunctive treatments to gain traction in the past few years. It is an excellent technique for making hair appear denser, with or without a transplant. If you are a serious hair transplant practice, you need to know how this new technology will fit into your practice and the many different applications it can have. Drive up the California Coast or Fly the 45 minute airplane ride from Hollywood to Northern California for this worthwhile conference extender!



# Hair Transplant 2018

## Pre-Congress Course 12 SEPTEMBER



The ISHRS is pleased to present this Pre-Course at the



**4TH INTERNATIONAL CONGRESS OF THE AESTHETIC ACADEMY OF EGYPT (AAEgy)**

**13-14 SEPTEMBER 2018 • THE NILE RITZ CARLTON HOTEL • CAIRO, EGYPT**

The ISHRS is pleased to participate with the Aesthetic Academy of Egypt to organize a full-day pre-congress course on HAIR TRANSPLANTATION on 12 Sept. 2018, which is the day prior to the AAEgy Congress.

#### COST OF THE PRE-CONGRESS COURSE

EARLY BIRD <i>Until 1 July 2018</i>	\$200	<b>BEST DEAL</b>
REGULAR <i>Until 1 Sept. 2018</i>	\$250	
<i>After 1 Sept. 2018</i>	\$300	

For those registered for HT Pre-Congress Course, you may choose to attend the full Congress on 13-14 September for additional \$50 registration fee.

#### PRELIMINARY PROGRAM

##### 9:00AM-1:00PM Overview and the Basics

- Opening and Welcome Introduction
- About the ISHRS
- Overview of Hair Restoration Surgery: History, Terminology
- Follicular Unit: Macro and Microscopic Anatomy for Hair Surgeons
- Anatomical Landmarks in Hair Transplantation including Safe Donor Zone and Density in Donor and Recipient Area
- Anesthesia of the Donor and Recipient Area
- Hairline Design in Males and Females

##### COFFEE BREAK

- Strip FUT (Follicular Unit Transplantation): Overview
- FUE (Follicular Unit Excision): Overview
- Graft Placement Techniques including Implanters
- Discussion Panel: Candidate Selection Strip vs FUE

##### LUNCH BREAK

##### 2:00PM-5:30PM Advanced Topics

- Differences in the Devices Used in FUE (sharp, blunt and hybrid punches, robotic devices)
- Recipient Sites: Special Considerations
- Female Hair Loss: Special Considerations
- Transplanting into Scars and Scarring Alopecias
- Transplanting the Eyebrows

##### COFFEE BREAK

- Body Hair Transplantation
- Tips and Tricks in HT of Curly Hair Candidates
- General and Most Common Complications in HRS
- Discussion Panel: Getting Started—How to Get Training and Setting up a HT Practice



Francisco Jimenez, MD

**Francisco Jimenez, MD, FISHRS | Spain**  
Chair, HT Pre-Congress Course  
Executive Committee Member, ISHRS

**Ahmed A. Noreldin, MD, FISHRS | Egypt**  
Co-Chair, HT Pre-Congress Course  
Chair, AAEgy Congress



Ahmed A. Noreldin, MD

#### ESTEEMED FACULTY

Konstantinos K. Anastassakis, MD, PhD | Greece  
Jean M. Devroye, MD, FISHRS | Belgium  
Shady El-Maghraby, MD, MSc | Egypt  
Francisco Jimenez, MD, FISHRS | Spain  
Ahmed A. Noreldin, MD, FISHRS | Egypt  
Marwan Saifi, MD, FISHRS | Poland  
Ahmed A. Youssef Ibrahim, MD | Kuwait

REGISTRATION AND INFORMATION <http://www.aegy.org/>

# Classified Ads

## Seeking Hair Transplant Physician and Technicians

Anderson Center for Hair in Atlanta, Georgia is looking for a full-time hair restoration physician, and full-time technicians. We are a state-of-the-art, brand-new boutique center. We perform one procedure per day, with emphasis on quality, ethics, and natural results...not quantity. On-the-job training available for physicians. Technicians will require experience, with references required. Outstanding, friendly working environment, salary, benefits, insurance, 401k, vision, dental, etc.

Please email your résumé to: [jobs@andersonhsc.com](mailto:jobs@andersonhsc.com).

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## Seeking Hair Transplant Technicians

The Paragon Hair Clinic in Southlake and Mansfield, Texas is currently looking for full-time technicians with planting experience, minimum speed requirement of 600 grafts per hour. We are a multiple case practice per day utilizing FUT and FUE (motorized and robotic). Required 90-day trial/training period.

Please email your résumé to: [careers@markbisharamd.com](mailto:careers@markbisharamd.com)

---

## 2015 ARTAS™ with Chair for Sale

2015 ARTAS for sale with chair. Used 3 times. Perfect condition. Originally \$250,000. Asking \$150,000 or best offer. Here is your chance to own a mint robotic hair transplant device at a substantial savings!

Email: [artasforsale@gmail.com](mailto:artasforsale@gmail.com)

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## Hair Restoration Surgeon Needed

A growing hair restoration practice in Northern California is looking for a physician willing to perform manual powered and ARTAS System FUE. Some experience in hair restoration is desirable but not required. The candidate must possess great bedside manner, excellent eye-hand coordination, and an eye for the esthetics of hair restoration.

If you would like to be part of rapidly expanding practice committed to excellent patient care and results and advancing the art and science of hair restoration with a commitment to research, physician education, and social responsibility, contact Dr. Doug Kelly at [doug@westbondhair.com](mailto:doug@westbondhair.com).

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## For Sale Canadian HT Clinic

FOR SALE: Firmly established and fully equipped Canadian Hair Transplant Clinic located in Winnipeg, Manitoba, Canada. No significant competition in the area. Willing to train new owner, if necessary.

Contact (204) 489-2694. Website: [www.hairtransplantcanada.com](http://www.hairtransplantcanada.com)

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## Los Angeles: Hair Transplant Surgeon

Busy Beverly Hills practice is seeking an additional full time experienced hair transplant surgeon. We provide one of the most aggressive compensation and benefits packages with ownership opportunity.

Please contact immediately: [jobs@calihairloss.com](mailto:jobs@calihairloss.com); 1-888-930-0554

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## Los Angeles: Top Pay FUE Harvester

Busy Beverly Hills practice is seeking an additional full-time licensed Physician Assistant to perform FUE harvesting. Must be proficient in hand-held non-robotic FUE harvesting. We provide one of the most aggressive compensation and benefits packages.

If you are a top performer, please contact us immediately: [jobs@calihairloss.com](mailto:jobs@calihairloss.com); 1-888-930-0554

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## Seattle Hair Transplant Surgeon

Retiring physician is looking to bring on a replacement hair transplant surgeon, practice is very busy, outgoing physician can train the right candidate, opportunity to make \$500,000+yr.

Please contact: [DrCrawshaw@advancedhair.com](mailto:DrCrawshaw@advancedhair.com); 1-425-449-8185

---

## Hair Transplant Surgeon Wanted

Opportunity for hair transplant surgeon in Orange County, California. Experienced or, if not, will train.

Send résumé to: [Williamrassman@gmail.com](mailto:Williamrassman@gmail.com)

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# Calendar of Hair Restoration Surgery Events

<http://www.ishrs.org/content/upcoming-events>

DATES	EVENT/VENUE	SPONSORING ORGANIZATION(S)	CONTACT INFORMATION
FEB 16-18, 2018	HAIRCON 2018 <i>Mahabalipuram, off Chennai, India</i>	Association of Hair Restoration Surgeons, India <a href="http://ahrsindia.org">ahrsindia.org</a>	Dr. K. Ramachandran <a href="mailto:haircon2018@gmail.com">haircon2018@gmail.com</a>
* MAR 8-10, 2018	ISHRS World Live Surgery Workshop <i>Dubai, UAE</i>	International Society of Hair Restoration Surgery <a href="http://www.2018WLSWDubai.org">www.2018WLSWDubai.org</a>	<a href="mailto:info@ishrs.org">info@ishrs.org</a>
MAR 17, 2018	The Present & Future of Hair Restoration Surgery and Medicine <i>London, United Kingdom</i>	British Association of Hair Restoration Surgery	Liz De Pass, BAHRS Administrator <a href="mailto:office@bahrs.co.uk">office@bahrs.co.uk</a>
MAR 27-30, 2018 MAY 22-25, 2018	University Diploma of Scalp Pathology and Surgery <i>Paris, France</i>	University of Paris VI Coordinators: P. Bouhanna, MD, and M. Divaris, MD <a href="http://www.hair-surgery-diploma-paris.com">www.hair-surgery-diploma-paris.com</a>	Dr. Pierre Bouhanna, Course Director <a href="mailto:sylvie.gaillard@upmc.fr">sylvie.gaillard@upmc.fr</a>
MAY 2-3, 2018	2nd SILATC Annual Meeting & Live Surgery Workshop <i>Cancun, Mexico</i>	Ibero Latin American Society of Hair Transplantation (Sociedad Iberolatinoamericana de Trasplante de Cabello – SILATC)	<a href="mailto:drdavid@perez-meza.com">drdavid@perez-meza.com</a>
MAY 11-13, 2018	6th Asian Hair Restoration Surgery Meeting & Live Surgery Workshop <i>Beijing, China</i>	Asian Association of Hair Restoration Surgery in conjunction with 3rd CAHRS	<a href="http://www.aahrsasia.org">www.aahrsasia.org</a>
MAY 25-27, 2018	4th Latin American Workshop of FUE <i>Westin Camino Real Resort, Guatemala City, Guatemala</i>	Paraguayan Society of Hair Restoration Surgery	<a href="http://workshop-latc.com">http://workshop-latc.com</a>
JUN 9-10, 2018	8th International Congress of the KSHRS <i>Seoul, Korea</i>	Korean Society of Hair Restoration Surgery	<a href="http://www.kshrs.org">www.kshrs.org</a> or <a href="mailto:kshrs@naver.com">kshrs@naver.com</a>
* AUG 2-5, 2018	Hair Transplant 360 Cadaver Workshop & FUE Hands-On Workshop <i>St. Louis, Missouri, USA</i>	Saint Louis University School of Medicine, Practical Anatomy & Surgical Education In collaboration with the International Society of Hair Restoration Surgery	<a href="mailto:info@ishrs.org">info@ishrs.org</a>
AUG 22-25, 2018	7th Congress of the ABCRC <i>Wish Resort Golf Convention, Foz do Iguassu, Brazil</i>	Brazilian Society of Hair Restoration Surgery – ABCRC	Additional details available in January 2018
SEP 12, 2018	Pre-Congress on Hair Transplantation <i>The Nile Ritz, Cairo, Egypt</i>	Organized by the International Society of Hair Restoration Surgery At the 4th International Congress of the Aesthetic Academy of Egypt (AAEgy), Sept. 12-14, 2018	<a href="mailto:info@aegy.org">info@aegy.org</a>
* OCT 10-14, 2018	26th World Congress of the ISHRS <i>Hollywood, California, USA</i>	International Society of Hair Restoration Surgery <a href="http://www.26thannual.org">www.26thannual.org</a>	<a href="mailto:info@ishrs.org">info@ishrs.org</a>
OCT 14-16, 2018	ISHRS Regional Workshop: Scalp Micropigmentation <i>Walnut Creek, California, USA</i>	International Society of Hair Restoration Surgery Hosted by: Sara Wasserbauer, MD, FISHRS	<a href="mailto:info@californiahairsurgeon.com">info@californiahairsurgeon.com</a>

\*2018 meetings that qualify for the ISHRS member educational maintenance requirement

## REMINDER

ISHRS full **Members** and **Fellow Members** are required to attend 1 ISHRS-approved meeting every 3 years to maintain their member category.

### ISHRS WORLD CONGRESS SCHEDULE

26<sup>TH</sup> WORLD CONGRESS

October 10-14 2018  
Hollywood, California | USA

27<sup>TH</sup> WORLD CONGRESS

November 13-17, 2019  
Bangkok | Thailand

28<sup>TH</sup> WORLD CONGRESS

October 21-25, 2020  
Panama City | Panama

Vision: To establish the ISHRS as a leading unbiased authority in medical and surgical hair restoration.

Mission: To achieve excellence in medical and surgical outcomes by promoting member education, international collegiality, research, ethics, and public awareness.

## 2017–18 Board of Governors

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## 2016–17 Chairs of Committees

American Medical Association (AMA) House of Delegates (HOD) and  
 Specialty & Service Society (SSS) Representative | Carlos J. Puig, DO, FISHRS  
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 with Cicatricial Alopecia | Jeff Donovan, MD, PhD, FISHRS  
 Ad Hoc Committee on Issues Pertaining to the Unlicensed Practice of  
 Medicine | Sharon A. Keene, MD, FISHRS  
 Ad Hoc Committee on PRP | Carlos J. Puig, DO, FISHRS  
 Ad Hoc Committee on Regulatory Issues | Paul T. Rose, MD, JD, FISHRS  
 Subcommittee on European Standards | Gregory Williams, MBBS, FISHRS  
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 Task Force on Finasteride Adverse Event Controversies |  
 Edwin S. Epstein, MD, FISHRS

## Global Council of Hair Restoration Surgery Societies

Membership proudly includes:

American Board of Hair Restoration Surgery  
 American Society of Hair Restoration Surgery  
 Argentine Society of Hair Recovery  
 Asian Association of Hair Restoration Surgeons  
 Association of Hair Restoration Surgeons—India  
 Australasian Society of Hair Restoration Surgery  
 Brazilian Society of Hair Restoration Surgery (ABCRC)  
 British Association of Hair Restoration Surgery  
 French Hair Restoration Surgery Society  
 German Society of Hair Restoration Surgery  
 Hair Restoration Society of Pakistan  
 Hellenic Academy of Hair Restoration Surgery  
 Ibero Latin American Society of Hair Transplantation (SILATC)  
 International Society of Hair Restoration Surgery  
 Italian Society for Hair Science and Restoration  
 Japanese Society of Clinical Hair Restoration  
 Korean Society of Hair Restoration Surgery  
 Paraguayan Society of Hair Restoration Surgery  
 Polish Society of Hair Restoration Surgery  
 Swiss Society for Hair Restoration Surgery  
 Thai Society of Hair Restoration Surgery



## Editorial Guidelines for Submission and Acceptance of Articles for the *Forum* Publication

- Articles should be written with the intent of sharing scientific information with the purpose of progressing the art and science of hair restoration and benefiting patient outcomes.
- If results are presented, the medical regimen or surgical techniques that were used to obtain the results should be disclosed in detail.
- Articles submitted with the sole purpose of promotion or marketing will not be accepted.
- Authors should acknowledge all funding sources that supported their work as well as any relevant corporate affiliation.
- Trademarked names should not be used to refer to devices or techniques, when possible.
- Although we encourage submission of articles that may only contain the author's opinion for the purpose of stimulating thought, the editors may present such articles to colleagues who are experts in the particular area in question, for the purpose of obtaining rebuttal opinions to be published alongside the original article. Occasionally, a manuscript might be sent to an external reviewer, who will judge the manuscript in a blinded fashion to make recommendations about its acceptance, further revision, or rejection.
- Once the manuscript is accepted, it will be published as soon as possible, depending on space availability.
- All manuscripts should be submitted to [forumeditors@ishrs.org](mailto:forumeditors@ishrs.org).
- A completed Author Authorization and Release form—sent as a Word document (not a fax)—must accompany your submission. The form can be obtained in the Members Only section of the Society website at [www.ishrs.org](http://www.ishrs.org).
- All photos and figures referred to in your article should be sent as **separate** attachments in JPEG or TIFF format. Be sure to attach your files to the email. Do NOT embed your files in the email or in the document itself (other than to show placement within the article).
- Images should be sized no larger than 6 inches in width and should be named using the author's last name and figure number (e.g., TrueFigure1).
- Please include a contact email address to be published with your article.

*Submission deadlines:*

February 5 for March/April 2018 issue  
 April 5 for May/June 2018 issue  
 June 5 for July/August 2018 issue  
 August 5 for September/October 2018 issue  
 October 5 for November/December 2018 issue

Please note new submission address:  
[forumeditors@ishrs.org](mailto:forumeditors@ishrs.org)

## Classified Advertising Guidelines for Submission

To place a Classified Ad in the *Forum*, email [cduckler@ishrs.org](mailto:cduckler@ishrs.org). In your email, include the text of what you'd like your ad to read. You should include specifics in the ad, such as what you offer, the qualities you're looking for, and how to respond to you.

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Submit your Classified Ad to:  
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INTERNATIONAL SOCIETY OF HAIR RESTORATION SURGERY

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MARCH 8-10  
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**ISHRS**  
HAIR RESTORATION SURGERY

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*When Award Winning  
Hair Transplant Surgeons Meet*

SAVE THE DATE **OCTOBER 10-14**  
**HOLLYWOOD**  
LOEWS HOLLYWOOD HOTEL  
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