

# ISHRS 2021 CME WEBINAR SERIES



The ISHRS 2021 CME webinar series is underway! Each two-hour webinar focuses on a central theme or topic of interest to hair restoration surgeons derived from the Core Curriculum in Hair Restoration Surgery and based on professional practice gaps. Available for CME credit, the webinars include presentations selected from the 2020 ISHRS Virtual World Congress interspersed with new presentations and live discussion. Each webinar in this series will be broadcast live and then available on demand through December 31, 2021. Registration is open to ISHRS member physicians and non-member physicians.

## NEXT UP: The Patient and Non-Surgical Treatments / April 10, 2021

### REGISTRATION FEES PER WEBINAR

- Physician Attendee of ISHRS 2020 Virtual World Congress, \$0.00 USD
- ISHRS Physician Member, Non Attendee of ISHRS 2020 Virtual World Congress, \$50.00 USD
- ISHRS Physician Pending-Member, Non Attendee of ISHRS 2020 Virtual World Congress, \$75.00 USD
- Physician Non Member, Non Attendee of ISHRS 2020 Virtual World Congress, \$100.00 USD

### SAVE THE DATE!

Remaining 2021 live webinar dates:

**April 10, 2021, at 9:00AM Central Standard Time (Saturday) —  
The Patient and Non-Surgical Treatments**

July 14, 2021, at 12:00PM Central Time/Chicago (Wednesday)

September 8, 2021, at 9:00AM Central Time/Chicago (Wednesday)

May 12, 2021, at 6:00PM Central Time/Chicago (Wednesday)

November 17, 2021, at 6:00PM Central Time/Chicago (Wednesday)

June 5, 2021, at 9:00AM Central Time/Chicago (Saturday)

### NOW AVAILABLE ON DEMAND

Donor Area Considerations for Strip and FUE Harvest, moderated by Dr. James Harris (live webinar held on February 13, 2021).

Hairline Design and Recipient Area, moderated by Drs. Jeffrey S. Epstein and Mauro Speranzini (live webinar held on March 17, 2021)

### The Patient and Non-Surgical Treatments

**April 10, 2021**

**9:00AM – 11:00AM Central Time/Chicago**

This 2-hour CME activity is a live webinar that will be recorded with the intention to be rewatched or viewed as on-demand education. The program is intended for physicians who perform hair transplantation surgery. This webinar is being conducted to provide physicians knowledge on foundational principles related to the evaluation, consultation, and relationship building with patients as well as non-surgical options for the treatment of hair loss. As a result of this activity, learners will be able to describe how to evaluate and assess a patient as well as how to formulate a plan for managing patient expectations. Learners will also be able to discuss non-surgical treatment options, such as minoxidil and finasteride, as well as view on PRP for hair loss. The online live component will include presentations, panel discussion, and audience participation via verbal questions and discussion, typing chat Q&A, and polling.

To register, go to <https://ishrs.org/2021-cme-webinars/>.

The International Society of Hair Restoration Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The International Society of Hair Restoration Surgery designates this Other Activity (blended synchronous and enduring) for a maximum of 2.00AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Note: CME Credit may only be claimed one time for each webinar.





# Message from the ISHRS 2021 World Congress Program Chair

Marie A. Schambach, MD | Guatemala | [mas@schambachmedical.com](mailto:mas@schambachmedical.com)

Dear Colleagues,  
As vaccination rollouts continue worldwide, and slowly the world awakens again, we are excited to confirm we are still planning for a

hybrid meeting so those who are able to travel can gather in Lisbon, and those who are unable to or do not desire to travel can attend virtually! This is why we want to share with you one of the Featured Guest Speakers. As I don't want to spoil you with all of them just yet, I will share only one at this time. I will keep you posted on other speakers and topics in future columns. Dr. Natasha Mesinkovska, from the Department of Dermatology, School of Medicine, University of California, Irvine, California, and also the Beckman Laser Institute in Irvine, California, will be speaking to us about her work. Dr. Mesinkovska is a Mayo Clinic and Cleveland Clinic trained dermatologist and dermatopathologist who is developing non-invasive optical imaging and image-guided molecular therapies for hair diseases. She has particular interest in chemotherapy-induced hair loss and the role of the immune system in modulating and controlling conditions, such as alopecia areata. She currently serves as Chief Scientific Officer for the National Alopecia Areata Foundation.



Natasha Mesinkovska, MD, PhD

She recently participated in the study "Combining Deep Learning with Optical Coherence Tomography Imaging to

Determine Scalp Hair and Follicle Counts." This study may help us bring new strategies for better planning surgeries in the short and long term. I am looking forward to her presentation and learning how this can improve our practices.

This year we have received close to 100 abstracts, and I've been told that quality of abstracts has increased from previous years, so congratulations to all who submitted. The committee is continuing their review, and soon I will begin planning scientific sessions to make your experience unforgettable. I am looking forward to a hybrid meeting, and I encourage you to send me your ideas on how we all can be together in Lisbon, even though some of us will not be attending in person. We know that outside of the scientific sessions so much is gained from the tips from colleagues we get during side chats and by having the opportunity to see and purchase new instruments, devices, books, etc., from the vendors.

Please email me any suggestions you have to enhance our experience as all are more than welcome. I look forward to "seeing" everyone at the World Congress! ■



The Palace of Sintra (Portuguese: Palácio Nacional de Sintra), also called Town Palace (Palácio da Vila), is located in the town of Sintra, in the Lisbon District of Portugal. It is a present-day historic house museum.

It is the best-preserved medieval royal residence in Portugal, being inhabited more or less continuously from at least the early 15th century to the late 19th century. It is a significant tourist attraction, and is part of the cultural landscape of Sintra, a designated UNESCO World Heritage site.

*Description from Wikipedia, Accessed 4 April 2021.*



## Welcome to the New ISHRS Members Only Section

Improved User Experience  
Mobile Friendly  
Expanded Content  
Access to ISHRS Educational Products

As a value-added benefit to your ISHRS membership, you are provided access to many resources exclusive to ISHRS Members, including:

- Surgical video library
- Recorded sessions from ISHRS World Congresses
- Membership Directory PDF
- Online Buyer's Guide
- ISHRS logos
- Content for your website
- Social media tips
- Webinar replays
- Access to your purchased educational courses (Learning Management System)
- COVID-19 resources
- Information on programs & awards
- ISHRS News – member e-newsletter and more!

[member.ishrs.org](http://member.ishrs.org)

Plan your  
2021 meeting  
schedule!

## 2021 Qualifying Meetings for Member Educational Maintenance Requirement

As a reminder, there is an educational maintenance requirement for the membership categories “Member” and “Fellow Member.” This does not apply to membership categories Associate Member, Resident Member, Emeritus Member, or Surgical Assistant Member.



### EDUCATIONAL MAINTENANCE REQUIREMENTS

ISHRS Member and ISHRS Fellow Member membership categories must attend one ISHRS-approved meeting every 3 years, otherwise that member will be changed to Associate Member. The impacted member may revert back to their previous category after attendance at an ISHRS-approved meeting.

### 2021 QUALIFYING MEETINGS

#### July 23-24, 2021

12th Annual Hair Transplant 360 Cadaver Workshop  
St. Louis, Missouri, USA

<https://www.slu.edu/medicine/medical-education/continuing-medical-education/pase>

#### October 21-23, 2021

29th World Congress of the ISHRS  
Lisbon, Portugal – HYBRID

[www.29thannual.org](http://www.29thannual.org)

The qualifying meetings are also listed at

<https://ishrs.org/physicians/list-ishrs-approved-meetings-meet-additional-minimum-educational-requirement/>

12th Annual

JULY 23-24, 2021

St. Louis, Missouri, USA

# Hair Transplant 360 WORKSHOP

Comprehensive Hair Transplant Course: FUT & FUE Hands-on Course

### Two Parallel Courses for Physicians & Staff

Sign Up Your Staff for The Intensive Hands-On Assistant Course!

- Newly Designed Course Format ...2 Information Packed Days!
- Latest High-Definition Live 3D Lectures and Surgery Dissection
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- Unique Training Models



- |                           |                          |                         |                     |
|---------------------------|--------------------------|-------------------------|---------------------|
| ▶ Hairline Design         | ▶ Graft Placement        | ▶ Temporal Point Design | ▶ Medical Treatment |
| ▶ Donor Harvest/Closure   | ▶ PRP, Laser, Etc.       | ▶ Graft Calculation     | ▶ Critical Thinking |
| ▶ Recipient Site Creation | ▶ Crown Design           | ▶ Marketing             | ▶ Quality Control   |
| ▶ Graft Dissection        | ▶ Female Hairline Design | ▶ Consulting            | ▶ FUE & FUT         |

Course Director:

**Samuel M. Lam, MD, FACS, FISHRS**

Assistant Course Director:

**Emina Vance, MD**

Honored Guest Speakers:

**Ricardo Mejia, MD, FAAD**

**Ken Washenik, MD, PhD, FISHRS**

**Carlos K. Wesley, MD**

[slu.edu/medicine/pase](http://slu.edu/medicine/pase)

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## 2020 VIRTUAL WORLD CONGRESS SESSIONS FOR ISHRS MEMBERS

### Select Recorded Sessions from Virtual World Congress

As a value-add for ISHRS Members we have made one General Session and two Focused Sessions of the 2020 Virtual World Congress available for viewing. There is no extra charge, this is offered as an additional benefit for being an ISHRS member. To view these sessions, go to the Members Only section of [ishrs.org](http://ishrs.org).

Under the Education tab, you will find video recordings from past World Congresses, webinar replays, and more Watch from your computer, tablet, or phone.



Don't Miss the First Virtual Big One!

**OCTOBER 17-25**  
28TH WORLD CONGRESS

### 2020 RECORDED SESSIONS AVAILABLE FOR VIEWING

#### GENERAL SESSION 3 – DONOR AND RECIPIENT

*Presented on Sunday | October 18, 2020*

Total Session Length: 1:40:42

##### Moderator Introduction

Georgios Zontos, MD, PhD, FISHRS | Denmark  
David S. Josephitis, DO, FISHRS | USA

##### Sagittal Versus Coronal Incisions: How to Reduce the Injury to the Recipient Area by 300%

Georgios Zontos, MD, PhD, FISHRS | Denmark

##### Post-operation Forehead Edema after Hair Transplant Surgery:

##### Biology, Mechanism, Preventing and Treatment

Gholamali Abbasi, MD, FISHRS | Iran

##### Depth Control Analysis in 30 FUE Patients

Otavio Boaventura, MD | Brazil

##### Alternative Strategies for Use of Hair Harvested Outside the SAFE Zone

Robert H. True, MD, MPH, FISHRS | USA

##### Questions & Answers

Georgios Zontos, MD, PhD, FISHRS | Denmark  
David S. Josephitis, DO, FISHRS | USA  
Gholamali Abbasi, MD, FISHRS | Iran  
Otavio Boaventura, MD | Brazil  
Robert H. True, MD, MPH, FISHRS | USA

##### Revisited: Longitudinal Study on Transected Hairs 2000-2001

Jennifer H. Martinick, MBBS, FISHRS | Australia

##### Pulley Stitch in Strip FUT Wound Closure

Kongkiat Laorwong, MD, FISHRS | Thailand

##### Resolving the Laxity Paradox of Scalp Skin Stretched Scars

Greg Williams, MBBS, FISHRS | United Kingdom

##### FUT: How to Remove a Strip with Minimal Donor Scarring

Robert S. Haber, MD, FISHRS | USA

##### Questions & Answers

Georgios Zontos, MD, PhD, FISHRS | Denmark  
David S. Josephitis, DO, FISHRS | USA  
Robert S. Haber, MD, FISHRS | USA  
Kongkiat Laorwong, MD, FISHRS | Thailand  
Greg Williams, MBBS, FISHRS | United Kingdom

#### FOCUSED SESSION 101 – THE ART OF HAIRLINE DESIGN: MALE, FEMALE, AND TRANSGENDERED

*Presented on Monday | October 19, 2020*

Total Session Length: 1:32:23

##### Introduction and Welcome (with polling questions and discussion)

Jeffrey S. Epstein, MD, FISHRS | USA

##### Design of the Male Hairline

Jeffrey S. Epstein, MD, FISHRS | USA

##### Design of the Female Hairline

Jae-Hyun Park, MD, PhD | South Korea

##### Design of the Transgender Hairline

Russell Knudsen, MBBS, FISHRS | Australia

##### Questions and Answers

*Moderator:* William R. Rassman, MD | USA  
Jeffrey S. Epstein, MD, FISHRS | USA  
Russell Knudsen, MBBS, FISHRS | Australia  
Jae-Hyun Park, MD, PhD | South Korea  
Mauro Speranzini, MD | Brazil  
Piero Tesauro, MD | Italy

##### Hairline Design – Live vs. Computer Simulation

Piero Tesauro, MD | Italy

##### Who Designs the Hairline – Patient or Physician?

Mauro Speranzini, MD | Brazil

##### Questions and Discussion

*Moderator:* William R. Rassman, MD | USA  
Jeffrey S. Epstein, MD, FISHRS | USA  
Mauro Speranzini, MD | Brazil  
Piero Tesauro, MD | Italy

#### FOCUSED SESSION 303 – DESIGN YOUR OWN RESEARCH PROJECT: TIPS ON WRITING CLINICAL TRIALS, PROTOCOLS, AND ABSTRACTS

*Presented on Wednesday | October 21, 2020*

Total Session Length: 1:35:25

##### Welcome and Introductory Remarks

Marco N. Barusco, MD, FISHRS | USA  
Dow B. Stough, MD | USA

##### Terminology of Clinical Trials

Marco N. Barusco, MD, FISHRS | USA

##### ICH and GCP's: What's That Got to Do with Me?

Dow B. Stough, MD | USA

##### Transforming an Idea into a Good Research Project

Jerry E. Cooley, MD, FISHRS | USA

##### Discussion and Questions & Answers

Marco N. Barusco, MD, FISHRS | USA  
Dow B. Stough, MD | USA  
Jerry E. Cooley, MD, FISHRS | USA

##### How to Compose a Research Grant Proposal

Greg Williams, MBBS, FISHRS | United Kingdom

##### Reporting Research Results: Badly Designed Studies and Ethical Considerations

Aditya Gupta, MD, PhD, FISHRS | Canada

##### The ISHRS Research Grant Process: Tips to Get Your Protocol Funded

Carlos J. Puig, DO, FISHRS | USA

##### Discussion and Questions & Answers

Marco N. Barusco, MD, FISHRS | USA  
Dow B. Stough, MD | USA  
Aditya Gupta, MD, PhD, FISHRS | Canada  
Carlos J. Puig, DO, FISHRS | USA  
Greg Williams, MBBS, FISHRS | United Kingdom

## Classified Ads

### Seeking Hair Transplant Physician and Technicians

Anderson Center for Hair in Atlanta, Georgia, is looking for a full-time hair restoration physician and full-time technicians. We are a state-of-the-art, brand-new boutique center. We perform one procedure per day, with emphasis on quality, ethics, and natural results...not quantity. On-the-job training available for physicians. Technicians will require experience, with references required. Outstanding, friendly working environment, salary, benefits, insurance, 401k, vision, dental, etc.

Please email your résumé to [jobs@andersonhsc.com](mailto:jobs@andersonhsc.com).

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### Seeking Experienced Hair Transplant Physician

New hair transplant clinic in St. Louis, MO is seeking an experienced Hair Transplant Physician. Candidate must be proficient with manual or motorized hand held FUE. This is an ideal position for a physician looking to supplement their income or for someone looking to grow with the company. Schedule is flexible. Excellent compensation.

If you are interested or would like more information, please send your résumé to [Info@stlouishairrestoration.com](mailto:Info@stlouishairrestoration.com).

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### For Sale: ARTAS® Robotic System with Chair

2015 ARTAS Robotic System for sale. System includes patient chair and was only used a few times. The system was originally purchased in 2015 for \$250,000 and is in excellent condition. Asking price of \$50,000 or best offer.

Email [info@parsamohebi.com](mailto:info@parsamohebi.com) for more details or to make an offer.



**Join our private Facebook group.**  
Search: "Official ISHRS Physicians Group"

# Calendar of Hair Restoration Surgery Events

<http://www.ishrs.org/content/upcoming-events>

DATES	EVENT/VENUE	SPONSORING ORGANIZATION(S)	CONTACT INFORMATION
APR 10, 2021 9AM Central Time/Chicago	CME Webinar: The Patient and Non-Surgical Treatments	International Society of Hair Restoration Surgery <a href="http://www.ishrs.org">www.ishrs.org</a>	<a href="https://ishrs.org/2021-cme-webinars/">https://ishrs.org/2021-cme-webinars/</a>
MAY 12, 2021 6PM Central Time/Chicago	CME Webinar: Topic TBA	International Society of Hair Restoration Surgery <a href="http://www.ishrs.org">www.ishrs.org</a>	<a href="https://ishrs.org/2021-cme-webinars/">https://ishrs.org/2021-cme-webinars/</a>
MAY 28-30, 2021	5th Annual Congress of CAHRS <i>Hangzhou, China</i>	China Association of Hair Restoration Surgery (CAHRS) <a href="http://www.cahrs.com.cn/">http://www.cahrs.com.cn/</a>	<a href="mailto:cahrs_info@126.com">cahrs_info@126.com</a>
JUNE 5, 2021 9AM Central Time/Chicago	CME Webinar: Topic TBA	International Society of Hair Restoration Surgery <a href="http://www.ishrs.org">www.ishrs.org</a>	<a href="https://ishrs.org/2021-cme-webinars/">https://ishrs.org/2021-cme-webinars/</a>
* JUL 23-24, 2021	12th Annual Hair Transplant 360 Cadaver Workshop <i>St. Louis, Missouri, USA</i>	Saint Louis University School of Medicine, Practical Anatomy & Surgical Education In collaboration with the International Society of Hair Restoration Surgery <a href="http://pa.slu.edu">http://pa.slu.edu</a>	<a href="mailto:pa@slu.edu">pa@slu.edu</a>
* OCT 21-23, 2021	29th World Congress of the ISHRS <i>Lisbon, Portugal – HYBRID</i>	International Society of Hair Restoration Surgery <a href="http://www.ishrs.org">www.ishrs.org</a>	<a href="http://www.29thannual.org">www.29thannual.org</a>
* MAR 2022	ISHRS Regional Workshop: Cowgirl Hair Loss Workshop—Art & Perfection, Female Hair Loss <i>Houston, Texas, USA</i>	International Society of Hair Restoration Surgery Hosted by Carlos J. Puig, DO, FISHRS <a href="http://www.cowgirlhairloss.com/">http://www.cowgirlhairloss.com/</a>	<a href="mailto:cpuig@hairdoctexas.com">cpuig@hairdoctexas.com</a>

\* Meetings that qualify for the ISHRS member educational maintenance requirement

## REMINDER

ISHRS full **Members** and **Fellow Members** are required to attend 1 ISHRS-approved meeting every 3 years to maintain their member category.

### ISHRS WORLD CONGRESS SCHEDULE

29<sup>TH</sup> WORLD CONGRESS

October 21-23, 2021  
Lisbon | Portugal

30<sup>TH</sup> WORLD CONGRESS

October 26-29, 2022  
Panama City | Panama

31<sup>ST</sup> WORLD CONGRESS

Dates to Be Determined, 2023  
New Delhi | India

Vision: To establish the ISHRS as a leading unbiased authority in medical and surgical hair restoration.

Mission: To achieve excellence in medical and surgical outcomes by promoting member education, international collegiality, research, ethics, and public awareness.

## 2020–21 Board of Governors

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## 2020–21 Chairs of Committees

2021 World Congress Scientific Program Committee | Marie A. Schambach, MD  
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 FUT Guidelines Task Force | Robin Unger, MD  
 Task Force on Artificial Hair Fibers | Shady El Maghraby, MD, MSc, FISHRS  
 Task Force on COVID-19 | Nilofer Farjo, MBChB, FISHRS

## Global Council of Hair Restoration Surgery Societies

Membership proudly includes:

American Board of Hair Restoration Surgery  
 American Society of Hair Restoration Surgery  
 Arab Association of Hair Transplantation  
 Argentine Society of Hair Recovery  
 Asian Association of Hair Restoration Surgeons  
 Association of Hair Restoration Surgeons-India  
 Australasian Society of Hair Restoration Surgery  
 Brazilian Society of Hair Restoration Surgery  
 British Association of Hair Restoration Surgery  
 China Association of Hair Restoration Surgery  
 French Society of Hair Restoration Surgery  
 German Society of Hair Restoration  
 Hair Restoration Society of Pakistan  
 Hellenic Academy of Hair Restoration Surgery  
 Ibero Latin American Society of Hair Transplantation  
 International Society of Hair Restoration Surgery  
 Italian Society for Hair Science and Restoration  
 Japanese Society of Clinical Hair Restoration  
 Korean Society of Hair Restoration Surgery  
 Paraguayan Society of Hair Restoration Surgery  
 Polish Society of Hair Restoration Surgery  
 Swiss Society for Hair Restoration Surgery  
 Thai Society of Hair Restoration Surgeons



## Editorial Guidelines for Submission and Acceptance of Articles for the *Forum* Publication

- Articles should be written with the intent of sharing scientific information with the purpose of advancing the art and science of hair restoration and improving patient outcomes.
- If results are presented, the medical regimen or surgical techniques that were used to obtain the results should be disclosed in detail. If intra-operative or immediate post-operative photos are presented, please submit photos that show results (at least 6 months after surgery) of the procedure being presented.
- Articles submitted with the sole purpose of promotion or marketing will not be accepted.
- Authors should acknowledge all funding sources that supported their work as well as any relevant corporate affiliation.
- Trademarked names should not be used to refer to devices or techniques, when possible.
- Although we encourage submission of articles that may only contain the author's opinion for the purpose of stimulating thought, the editors may present such articles to colleagues with experience in the area in question for the purpose of obtaining further opinions to be published alongside the original article. Occasionally, a manuscript might be sent to an external reviewer who will judge the manuscript in a blind fashion to make recommendations about its acceptance, further revision, or rejection.
- Once the manuscript is accepted, it will be published as soon as possible, depending on space availability.
- All manuscripts should be submitted to [forumeditors@ishrs.org](mailto:forumeditors@ishrs.org).
- An Author Authorization and Release form must be individually completed by every author listed on the byline and the Word document (not a fax) submitted at the time of article submission. The form can be obtained in the Members Only section of the ISHRS website at [www.ishrs.org](http://www.ishrs.org). This release is meant to be signed electronically directly in the Word document. Simply open on your computer, fill in the highlighted fields, and return the Word document with your submission.
- All figures and tables should be sized down to no greater than 6 inches in width and sent as separate attachments to your email.
- For the complete list of instructions and downloadable checklist, go to: [https://ishrs.org/wp-content/uploads/2020/06/ISHRS\\_Forum\\_ArticleSubmission\\_checklist\\_Fillable.pdf](https://ishrs.org/wp-content/uploads/2020/06/ISHRS_Forum_ArticleSubmission_checklist_Fillable.pdf).

Submission deadlines:

June 5 for July/August 2021 issue

August 5, for September/October 2021 issue

October 5 for November/December 2021 issue

## Classified Advertising Guidelines for Submission

To place a Classified Ad in the *Forum*, email [cduckler@ishrs.org](mailto:cduckler@ishrs.org). In your email, include the text of what you'd like your ad to read.

You should include specifics in the ad, such as what you offer, the qualities you're looking for, and how to respond to you.

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October 21-23, 2021 IN-PERSON & VIRTUAL



## HYBRID 29TH WORLD CONGRESS

INTERNATIONAL SOCIETY OF  
HAIR RESTORATION SURGERY



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**October 21-23, 2021**



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**SAVE THE DATE**